

Privacy Policy

Last Updated: March 28, 2025

Elevae Integrative Health, PLLC ("Elevae," "we," "us") is committed to protecting your privacy and complying with federal and state privacy laws, including the Health Insurance Portability and Accountability Act (HIPAA). This policy describes how we collect, use, and share your protected health information (PHI) and other personal data.

Your Rights

You have the right to:

- Access and request a copy of your health information.
- Request corrections to your medical record.
- Request limits on how your PHI is used or shared.
- Receive a list of certain disclosures made.
- File a complaint if your privacy rights are violated.

How We Use and Share PHI

We may use or disclose your PHI for the following reasons:

- Treatment: To coordinate care, make referrals, send prescriptions, and order labs.
- Payment: To bill insurers or process payments via secure third-party platforms.
- Healthcare Operations: To improve care, conduct quality reviews, and manage records.
- Legal Requirements: To report abuse, respond to legal orders, or prevent harm.

We do not sell your PHI or use it for third-party marketing.

Email & SMS Communication

We may use your contact information to send appointment reminders, updates, or feedback requests. These messages are not encrypted and may be visible to others if intercepted. Do not submit confidential health information via email or text.

Security

We implement administrative, technical, and physical safeguards to protect your PHI, but no system is completely secure. We retain your health information as required by law, even if your account is deactivated.

Website Analytics

We collect limited technical data (such as IP address, browser type, and device info) to improve user experience. We may use third-party services like Google Analytics or Facebook Pixel for advertising. See their respective privacy policies for details.

Contact Us

If you have questions or concerns about this policy, please contact us through our website or call us during business hours.

Terms & Disclaimer

Elevae Integrative Health, PLLC

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Elevae Integrative Health, PLLC offers virtual mental health services in New York and Connecticut. By using this website, you agree to the following terms:

Informational Use Only

The content on this site is for informational purposes only. It does not constitute medical, psychiatric, or psychological advice, diagnosis, or treatment. No provider-patient relationship is created by visiting this website, submitting inquiries, or requesting an appointment.

No Emergency Services

This website does not provide crisis or emergency care. If you are in crisis, please call 911 or go to the nearest emergency room.

Privacy and Telehealth

Do not submit confidential health information via forms, text, or email. Electronic communications may not be secure. Review our Privacy Policy for more details on how we protect your data.

External Links

This website may contain links to third-party websites for convenience. Elevae does not control or endorse the content of these external sites and is not responsible for their practices.